

## About Reverend Thea A. Wilson

Rev. Thea A. Wilson is an Associate Pastor at the First Baptist Church of Glenarden where Pastor John K. Jenkins Sr. serves as her pastor and ministry covering. She is the wife of Deacon Ronald W. Wilson and together they have three beautiful daughters. She currently serves as the Director of the "B.O.D.Y by Christ" [Believers Overcoming Destructive Yokes] Ministry (BBC); instructor in the FBCG Bible Institute; and published author of "No Longer Bound"—a permanent solution to weight loss. Her testimony and teachings have been featured in the health sections of the Washington Post, the LA Times and Christian Today. She has preach throughout the United States and also made appearances on local news stations, and talk radio programs heard throughout the U.S., Canada, the Bahamas, and Europe.

Souls, marriages and lives literally have been saved, with several BBC participants losing over 100 pounds through the captivating and transparent way she ministers God's Truth.

Rev. Thea is called to share the Gospel of Jesus Christ and to magnify His love to all Nations. Her ministry is built upon integrity, faith, hope and charity, along with a strong belief and witness to the power of applying biblical solutions to everyday life.

To the Glory of God!



Practical Biblical Instruction

for

*Daily Living*

Health and Weight Control

Obedience

Finance/Home Management

Marriage

Entrepreneurship



Workshop/Seminar  
**PRESENTATIONS**

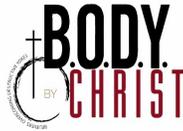
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Visit our website:  
**www.TheaAWilson.org**

## Health and Weight Control

*"...be in health even as your soul prospers."*

3 John 2



How I managed to get to a point in my life where I weighed over 200 pounds is unimaginable to me. God had delivered me in so many other areas in my life, but my weight remained a constant struggle. It was the beginning of 1995 that I finally surrendered and asked God to help me overcome the stronghold that food had over me. God then taught me through His Holy Word, how to replace a relationship I had developed with food, with a more loving relationship with Him; 8 months later, in the same year, I lost over 80 pounds and gained significant spiritual weight that has set me free from the spirit of greed to date! *B.O.D.Y. by Christ* (Believers Overcoming Destructive Yokes) is the health and weight control seminar birthed from my own incredible testimony of how God can set you free in this area that so many struggle to conquer.

- Participants are encouraged to consult with their physician before embarking on any weight loss program.

**Obedience** *"...all has been heard, fear God and keep His commands." Ecc. 12:13*  
After receiving Jesus Christ as my savior, I yearned how to practically have a relationship with Him. *"Obedience School"* is a workshop that has been developed to help new and not so new Christians deepen their love walk with God. Topics include: *"Sit"*- how to pray/worship, *"Roll over"*- overcoming sin and unbelief, *"Play Dead"*- dying to self and *"Speak!"*- witnessing.

## Finance and Home Management

*"...it is required in stewards that one be found faithful."*

1 Cor. 4:2

Right after I retired from Corporate America to become a homemaker and raise our children, my husband was laid off from his job. But we continued to tithe on unemployment and obey God's principles for money and apply our expertise of money management. As a result we survived a 16 month storm, not even looking like we had been in one!

Our *Financial Freedom Workshops* have taught thousands how to weather financial storms with lively demonstrations on how to properly budget and manage home and business finances.



## Marriage

*"...And they shall become one flesh.."* Gen 2:24b

Our marriage was so dead that we both called the lawyer and the moving truck when...God used the people he placed in our lives to point us in the right direction towards healing. I learned through God's Word what my role was and how to trust God and give him my pain — using I Peter 3 and the principles of what a man needed in a wife. Our marriage is now healed, my husband is now saved and the king and priest of our home. Our *One Flesh Seminar*, tackles the struggle to divorce and teaches the necessary steps couples must take to go from death to life in marriage.



## Entrepreneurship

*"...money answers everything."* Ecc.10:19b  
We were on the 40-40-40 plan to success: Work 40 hours a week, for 40 years to retire on 40% of our pay. The problem with this plan? 95% of Americans on it die broke! Our *Money Matters Workshop* reveals the secrets to financial freedom and shares the importance of tapping into passive income streams and business development planning. This is a workshop you cannot afford to miss!

